

# ANNUAL REPORT

## 2022 - 2023



**INTEGRATED WOMEN DEVELOPMENT INSTITUTE (IWDI)**

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# SMILE TWIN E - LEARNING PROGRAMME (STEP)

## INTRODUCTION

**S**mile **T**win E – learning Programme (STEP) is an innovative project supported by Smile foundation and was implemented by Integrated Women Development Institute (IWDI) for the past 5 years.

The period between April 2022 to March 2023 was the important period, because the classes were conducted regularly without the hindrance of pandemic lock down.

This programme helped the youth to enhance skill development, learn proper communication skills, sustain work place ethics and skills for the students from underprivileged background to empower through hybrid training and inhouse training.

During this academic year, 2022 – 2023, IWDI –Chennai, in collaboration with Smile Foundation prolonged the vocational training among youth towards development.



## OBJECTIVES OF THE PROJECT

- To improve the employability skills, work ethics and personality development
- To educate discipline, boost self confidence and impart life skills among the students
- To increase self esteem, technical knowledge and financial status
- To train students to obtain proficiency in patients care
- To promote international standards for the students to compete in job market
- To improve health care skill among the students.( General Duty Assistant)

## METHODOLOGY

A Staff from our mobilizing team visit all our intervention areas in and around Villivakkam and Anna nagar areas in which the community members and students in need of help to pursue their career or move to next level of education to develop their livelihood will be met and interacted. This intervention will be done in main places like Slums and street areas where youth and young girls lack awareness about education and development.

After choosing the exact focused areas, the mobilizer will give brief explanation about the Smile Twin E- Learning Program.

## SELECTION PROCESS

Students who give their consent to join the Smile Twin E-Learning Program, will be enrolled in this programme to ensure their participation. At first all the interested candidates were registered as beneficiaries and later their names will be short listed as per their academic profiles. According to this process an online Screening is regulated to check their logical understanding in the relevant subject.

Respective Candidates are insisted to take the mandatory Screening Test. After excelling in this test; the next level process will be done. At first the trainers will conduct classes about Health care and Core Employability skills. Later the students will be assessed about their knowledge through tests in these skills.

## COURSES OFFERED THROUGH SMILE TWIN PROJECT

- 1 .Nursing coaching (GDA)
- 2 Spoken english

The classes are conducted in classroom education mode . The candidates should pursue the course in Smile Twin E Learning Program in the prescribed format. For each and every session, the trainer will be accessible to conduct the class. The classes will be displayed in the Learnwise Portal.

## GENERAL DUTY ASSISTANT



Students were trained in basic nursing education where they gain knowledge about community health issues, basic sciences, basic anatomy, nutrition and dietetics,



fundamentals of nursing, pediatric nursing, pathology report analysis and analytical skills. Further the practice of breaking students into small groups to answer questions on relevant topics and cooperative learning basics like positive interdependence, individual accountability, promotive interaction, social skills and group processing is educated to the students to follow the module of watch, think, collaborate, do and explore.

They learn mechanical aptitude, caring for visually impaired, physiology, care for critically ill patients, First aid techniques with applied science, IV and IM techniques through demonstration and surgical nursing. Further the essential soft skills like team work, problem solving, communication, adaptability, critical thinking, time management and interpersonal skills are imparted to the students.



### 1. Spoken English course:

The importance of learning spoken English enable the the students to acquire freedom from language barrier,increase their brain power, earn respect and achieve immense in future. All the students were trained through interactive sessions and communicative english was educated for Nursing students.. Eminent trainers were appointed to offer this skill training along with life skills training.



## CAREER COUNSELLING

➤ The career counseling session will be organized as half a day orientation programme. Professional speakers from Medical setting, clinical background or any other kind of health professionals will conduct the career counseling session. These professionals will elaborate about the merits and demerits of specific course and give options to the. Candidates.



## TRAINING & JOB ASSISTANCE

After short listing the selected candidates for job placement, the respective hospitals will conduct 7 to 15 days training. The candidates who obtain qualitative skill practice during the training period will be placed in the respective jobs as per their training score. Those candidates who were not selected during the job placement drive were referred to other suitable jobs through Smile Twin E-Learning programme.



## PLACEMENT

Smile Twin E-Learning Program supported the candidates by motivating them to participate in Campus Interview or by referring the Individuals to obtain other jobs which is suitable for them.



## **OUTCOME ACHIEVEMENTS**

13 students were job placed in one single month

Reduced an heightened level of drop out rate during this academic year.

We had good networking tie-ups with hospitals, home care services, polyclinics and health care clinics. This structure of coordination enabled IWDI to facilitate job placement to the beneficiaries immediately after their training period.

## **SHELTER HOME FOR HOMELESS -WOMEN**

### **ZONE - 13 TARAMANI**

### **IWDI & GREATER CHENNAI CORPORATION (GCC)**

## **OBJECTIVE OF SHELTER FOR URBAN HOMELESS:**

The prime objective of this project is to support homeless people in need of refuge by making a temporary arrangement to dwell safely. This project is funded and aided by Greater Chennai Corporation and implemented by IWDI.

**S**helter for homeless women situated at Zone - 13, Taramani since the year .

### **ACTIVITIES:**

IWDI aims to protect the homeless from all forms of abuse and exploitations. As per that, their basic survival needs like food, clothing and shelter is provided immediately as soon as the homeless are admitted in the shelter. The women were given utmost medical care to prevent them from deadly and other communicable diseases. As a supplementary to these activities , the women were sensitized about the proper usage of sanitary napkins to be safe from urinary tract infection.

In order to assess their needs they were supported with counselling to elicit information about their ordeals. During their short stay in the shelter, they were engaged in various recreational activities to keep them away from unwanted mood swings and negative thoughts. Further they were motivated to sit in a group and conducted behaviour modification sessions which enables them to be transformed as an organized people following good ethics. They were supported to open basic savings account and were created various livelihood opportunities to ensure their decent survival. In addition they were motivated to rejoin their family as per the need which is significant component of this project.



Until 2022 we have 439 registered members as the beneficiaries. During this project period **48** residents were newly admitted and all of them were counseled properly. **12** beneficiaries were rehabilitated and **13** beneficiaries were reintegrated with their families. **3** beneficiaries were referred to other Homes for further rehabilitation and **12** women were facilitated to stay in short stay home for remedial support.

As per the norms, we provided the quality services to the homeless residents in the prescribed system.

We are grateful to Greater Chennai Corporation for their financial support and technical support in making this shelter project possible to render service to the homeless in a meaningful manner

## SERVICE DELIVERY:

### ▪ NEW ADMISSION

The coordinator along with the remaining shelter staff conduct survey during night times to identify the homeless people. During this night visit if any homeless person is found, at first the shelter coordinator will interact politely and explain about the benefits of the homeless shelter. If that person agree to stay in our shelter then she will be registered and admitted in our shelter. The night survey is conducted with the consent and guidance of GCC officials along with the support of police department.

During the reporting period 2022 – 2023, our home have **enrolled 89** numbers of homeless women.

### ▪ FOOD AND NECESSITIES



Three time meal and two time refreshment is provided in the shelter to residents. Apart from this provision of toiletries, coconut oil, and



other necessities are provided by our organisation whenever the residents ask for it. A special non-veg meal comprising of mutton or chicken or fish will be provided on all sundays.

## INFRASTRUCTURAL AMENITIES

### INDIVIDUAL CUPBOARD ALONG WITH LOCKER, MATS, BEDSHEETS AND PILLOWS.

The organisation has provided individual cupboards to each and every resident along with locker facility to safeguard their belongings. This helps the residents to be free from worry and they go out for daily work without any uncertainties about their belongings.

The homeless women were given mats ,bedsheets and pillows for quiet and comfortable sleep.

#### ▪ MEDICAL CAMPS

During this project period,various medical camps are conducted for the homeless persons in the shelter, All the residents benefited through these medical camps, The medical camps are conducted on behalf of Greater Chennai Corporation. In case of emergency, the residents were taken to nearby private hospitals for treatment.



### COUNSELLING SUPPORT



After enrolling the homeless person in the shelter, counselor will assess the needs of the residents by greeting them politely. Then the process of Counseling commence by asking open-ended questions through kind interaction. Then the counsellor actively listen to the ordeals and problem statement of the client. The counselor facilitate the resident to identify the real problem she is presently facing and help her to understand the problem and give the options to take appropriate actions pertaining to the problem.. Thus the resident is empowered to be self reliant. Further the resident's case history comprising of reason for homelessness, family history, academic history, medical history and other demographic details are collected for future reference.

**ENTITLEMENTS:** The project coordinator utilized the Aadhaar camp organized by the Greater Chennai Corporation and motivated the residents to apply for Aadhaar card.

## **SKILL DEVELOPMENT**

The residents were offered counseling to choose either skill training or employment to be self-reliant.. The interested residents were sent to acquire skill training in mat weaving wire bag knitting in coordination with Greater Chennai Corporation and the trained residents were linked with suitable jobs. 15 residents were placed in suitable jobs this year.

## **REHABILITATION**

During their short stay in our shelter, the residents were offered various skill training and supported with job opportunities according to their capabilities. Many were involved in house maid work. The rehabilitation process begin when the resident prepare herself for the financial freedom by acquiring a new skill for sustainable



livelihood and having the intention to save regularly. In order to regularise this best practice among the residents, a regular follow-up is done over phone even the short stay of the residents in the shelter comes to an end. As per the details collected over phone, we found that majority of rehabilitated residents were working as daily wage workers, load man and securities in the yard.

## **REINTEGRATION**

The reintegration process will start after preparing the resident for reunion through one to one interaction and counselling. After obtaining the consent and willingness of the resident who is eager to go back home, then we will trace the family of the concerned resident and assess the family situation whether there is suitable environment in the family for the resident to stay in the family. Later one or two family members will be invited to the shelter to evaluate the present conditions in the family for the resident to dwell peacefully. After analyzing all the possibilities and ensuring that the resident can live with serenity in the family, the client will be reunited with her family along with the support of police department.



## ▪ RECREATION ACTIVITIES



Recreation/ helps to ventilate anger, stress, anxiety and worries. In order to relieve them



from tension some relaxation exercise like breathing exercise is educated to the residents. They were provided television along with cable connection enables the residents to watch news and various entertainments..

## ▪ SHELTER MONITORING COMMITTEE MEETING (SMC)

The Shelter Monitoring Committee Meeting was conducted to address the grievances of the residents and rectify the problems in the shelter, Sub Inspector of Police, Sanitary Officer, Sanitary inspector and Shelter Project Coordinator will participate in this meeting/. During this project period 10



meetings were conducted. In these meetings the participants gave valuable suggestions to follow and to improve the shelter. .

## MONITORING VISITS BY OFFICIALS

### A. CITY LEVEL COORDINATOR

City level coordinator had visited to our shelter to appraise, monitor and evaluate the activities of the shelter. We learned from her comments and adhered to the suggestions given by City Level Coordinator towards the qualitative and quantitative services to the Homeless persons in Chennai. We have rectified the problems in the shelter as per the instructions given by the City Level coordinator and completed the task immediately.

### B. ASSISTANT HEALTH OFFICER - GCC

Assistant Health officer (AHO) inspected the SUH shelter frequently and /asked about the problems related to health issues among the residents in the shelter. He instructed to improve the health related activities during his inspection. The Project Coordinator cum/Counselor

immediately responded to the instructions of AHO and rectified the problem. Assistant Health Officer facilitated to organise medical camps for the residents to recover them from various illness. These observation visits enabled us to equip with knowledge, skill and attitude to render excellent services to the homeless persons in the shelter.

### **C. SANITARY OFFICER**

Sanitary Officer visited our shelter regularly and inspected the kitchen, toilet, bathroom and surroundings of the shelter. He also interacted with the residents about the existing problems in the shelter. The sanitation facilities maintenance of the shelter was also asked with Project Coordinator. the Sanitary Officer has given instructions to improve the quality and sustain good health among the residents..



### **D. SANITARY INSPECTOR**

Sanitary Inspector recurrently inspected the shelter and assess the extended facilities available in the shelter. Further he has given instructions to resolve the sanitation problems. The PCO accomplished the assigned tasks immediately. His exceptional suggestions enabled us to learn lessons to solve problems regarding sanitation..

### **E. SUB-INSPECTOR OF POLICE**



The Sub Inspector of Police inspected the shelter regularly and render instructions to the staffs about the problems in and around the shelter . The Sub-Inspector of Police is very much supportive in solving the problems and also helped us during the night visits in the city and respond positively in identification of new homeless..



### **F. ORGANIZATION SECRETARY**

Mrs. Clinal Paul Daniel, Secretary, IWDI visited our shelter once in a week and interacted with the residents in the shelter regarding their welfare. She checked the quality of

the food and vegetables served to the residents. She gave instructions to the coordinator to do better activities in the shelter for homeless women.

## **SHELTER HOME FOR HOMELESS - MEN**

### **ZONE - VII AMBATTUR IWDI & GREATER CHENNAI CORPORATION (GCC)**

#### **INTRODUCTION:**

Shelter for homeless men situated at Zone VII, Ambathur, No: 13, Old register office, Gopalsamy Street, Ram Nagar, Ambathur, Chennai -53 came into existence from August 2013. IWDI is working for the rehabilitation of the homeless since the inception of this project.

#### **ACTIVITIES**

During this project period we have mobilized **34** homeless men and admitted them in our shelter. **34** beneficiaries were counseled this year, and **16**



beneficiaries were rehabilitated. **26** beneficiaries were placed in suitable jobs and **7** were reintegrated with their families. **12**.

Shelter monitoring committee meetings were conducted during this project period. And **12** medical camps are also conducted. **3** beneficiaries were referred for remedial support.

## **SERVICE DELIVERY:**

### **▪ NEW ADMISSION**

The coordinator along with the remaining shelter staff conduct survey during night times to identify the homeless people. During this night visit if any homeless person is found, at first the shelter coordinator will interact politely and explain about the benefits of the homeless shelter. If that person agree to stay in our shelter then he will be registered and admitted in

our shelter. The night survey is conducted with the consent and guidance of GCC officials and support of the police department.

#### ▪ **FOOD AND NECESSITIES**

Three time meal and two time refreshment is provided in the shelter to residents. Apart from this provision of toiletries, coconut oil, and other necessities are provided by our organisation when the residents ask for it.

#### **MATS, PILLOWS AND BEDSHEETS**

The homeless men were provided with mats, pillows and bedsheets for quiet and comfortable sleep.

#### **MEDICAL CAMPS**

During this project period, various medical camps are conducted for the homeless persons in the shelter. All the residents benefited through these medical camps,



#### ▪ **COUNSELING SUPPORT**

After enrolling the homeless person in the shelter, counselor will assess the needs of the residents by greeting them politely. Then the process of Counseling commences by asking open-ended questions through kind interaction. Then the counsellor actively listens to the ordeals and problem statement of the client. The counselor facilitates the resident to identify the real problem she is presently facing and help her to understand the problem and give the options to take appropriate actions pertaining to the problem. Thus the resident is empowered to be self-reliant. Further the resident's case history comprising of reason for homelessness, family history, academic history, medical history and other demographic details are collected for future reference.



## SKILL DEVELOPMENT

The residents have given counseling regarding the skill training and employment opportunities in the various sector in Chennai city. The interested residents were sent to skill training with the help of Greater Chennai Corporation and the trained residents were linked with employment. 36 residents were sent to employment this year.



## REHABILITATION

. During their short stay in our shelter, the residents were offered various skill training and supported with job opportunities according to their capabilities. Many are surviving as unskilled labourers. The rehabilitation process begin when the resident prepare herself for the financial freedom by acquiring a new skill for sustainable livelihood and having the intention to save regularly. In order to regularise this best practice among the residents, a regular follow-up is done over phone even the short stay of the residents in the shelter comes to an end. As per the details collected over phone, majority of rehabilitated residents were working as daily wage workes, load man and securities in the yard.



## RREINTEGRATION

The reintegration process wiil start after preparing the resident for reunion through one to one interaction and counselling. After obtaining the consent and willingness of the resident who is eager to go back home, then we will trace the family of the concerned resident and assess the family situation whether there is suitable environment in the family for the resident to stay in the family. Later one or two family members will be invited to the shelter to evaluate the present conditions in the family for the resident to dwell peacefully. After analyzing all the possibilities and ensuring that the



resident. can live with serenity in the family, the client will be reunited with his family along with the support of police department.

## **RECREATION SERVICES**

. Recreation/ helps to ventilate anger, stress, anxiety and worries In order to relieve them from tension, some relaxation exercise like breathing exercise is educated to the residents. ?They were provided television along with cable connection enables the residents to watch news and various entertainment..

## **SHELTER MONITORING COMMITTEE MEETING (SMC)**

- The Shelter Monitoring Committee Meeting was conducted to address the grievances of the residents and rectify the problems in the shelter, Sub Inspector of Police, Sanitary Officer, Sanitary inspector and Shelter Project Coordinator will participate in this meeting/. During this project year 10 meeting were conducted. In this meeting the participants gave valuable suggestions to follow and to improve the shelter. .

## **ORGANIZATION SECRETARY**

Mrs.Clinal Paul Daniel, Secretary, IWDI have been visiting our shelter once in week and discussed with the residents in the shelter for their welfare. She also checks the foods and vegetables served to the residents and at the same time she has given instructions to the coordinator to improve the activities in the shelter for men for homeless.

# WOMEN DEVELOPMENT PROJECT



## INTRODUCTION

**IWDI aims to empower the community womens** through the economic development, social recognition, sustainable livelihood and deciding authorities in all aspects of life. IWDi focus on women leadership like positive thinking during adverse situation,energetic in every endeavours,responsible in handling the affairs of the family,playing both roles successfully as mother and wife,always optimistic in their approach, eradicating negative intentions, awareness about the consequences of bad decision making,learning from failures,active listening, intelligence in handling family,finances and administering all the affairs of SHG. Further they were trained to leverage various resources from Government and private sectors.For the past 18 years IWDI is working vigorously to empower women in rural and urban slum areas.

## OBJECTIVE OF CFC – IWDI

- To provide financial assistance to the underprivileged women and raise their earning competence through NABFINs
- To empower the community to attain financial stability and enable them to be capable of repaying the loan along with interest, through relevant trainings and awareness.

# GUMMIDIPOONDI AND CHENNAI

## NABARD (NEWLY FORMED GROUPS) – 2021-2022:

The importance of institutional credit in developing the underprivileged rural communities is possible due to community participation and the support rendered by NABARD in coordination with IWDI organisation.



During this period between 2022 to 2023 IWDI formed **12** new groups and strengthened SHG groups in Chennai District through competence. The newly formed SHG members were given orientation about organised planning, regular savings, attention towards the best interest of the society, family empowerment in terms of economy and education. TNWDP is offering its technical and

financial support to mobilize and form SHGs.

## CAPACITY BUILDING

All the Self Help Group (SHG) members inclusive of animators and representatives were offered training. The primary objective of this training is to orient all members about the SHG concept and bring out the hidden talents and capabilities of all the members. The SHG members who are interested in starting economic growth activities were given priority.



## CREDIT SUPPORT AND ECONOMIC ACTIVITIES THROUGH NABFINS

Integrated Women Development Institute (IWDI) has been associated with the NABARD Financial Services, Bangalore for disbursing its credits to the areas both in Chennai slums and Gummidipoondi. IWDI has arranged Loan of Rs. **₹56, 00,000/- ( Fifty Six Lakhs rupees only)** to benefit **140** beneficiaries from 12 SHGs & 20 JLGs during the year 2022 - 23. On Time Repayment Rate (OTRR) is very high and Portfolio at Risk (PAR) is very low (below 0.50%). The funds would be



utilized for their domestic purpose, creating assets, micro income generation activities such as water can business ,mini hotel, idli batter business at home, vegetable vending, dress material business,puppet(appalam) business, covering jewelery business, constructing houses, toilets and their children's education purposes etc. Majority of the loan reaches the target clients on time without deductions; this helped the members not to depend on the money lenders for their needs towards livelihood purposes...

## OUTCOME

Women play a vital role in developing Indian economy, both at national and in the family level. This programme ensured the women's financial security as first priority and focussed on other common interest of the society such as

- Area development
- Awareness and knowledge about various social problems.
- Promotion of Small scale businesses
- Training programmes for economic and personal growth.
- Various hidden talents and capabilities of women are identified and motivated to use those talents in their personal and social life.
- Regular saving among women initiated and facilitated the enhancement of their own capital resource base.

## FAMILY COUNSELING CENTRE (FCC)

- Counseling help the general public in society to accept actual or awaiting changes that are resulting from stress.It involves to resolve psychological,emotional and intellectual difficulties according to the self understanding and determination of the clients and encourage them to examine the suitable alternatives and decide on available choices that are appropriate and useful for problem solving..



- Tamil Nadu State Social Welfare Board (TSWB) is rendering their technical support to our



FCC Centre. It also support People who approach with a wide range of conflicts related to family. The Family Counseling Centre is administered by a Social Worker and a Counselor. They do counsel women who approach the Center with innumerable conflicts.

- Cases are being identified by Counselors during field visits. Staff referral, Police and legal Council referral also help us to identify Individual cases. The District Social Welfare Board periodically refers to FCC to make use of mutual settlement on the issues they encounter.



## **I. QUANTITATIVE ANALYSIS:**

1. New Cases registered	143
2. Pending cases from previous	12
3. Pending cases during this period	06
4. Cases closed during this period	137

(Follow-up cases)

## **II. Quantitative Analysis:**

### **1. Types of cases received (New)**

7i) Dowry demands	08
ii) Marital maladjustment with	17
a) Spouse	05
b) In-laws and Son	12

iii) Maladjustment due to

a. Personality difference	34
b. Interference of parents/in laws	0
c. Extra-marital Crisis	18
d. Alcohol/Drug addiction	16
e. Economic crisis	09
f. Domestic Violence	12
g. Family & Property problem	01
h. Senior Citizen	00
i. SHG problem	00
j. Mental & Physical Torture	12
k. Depression	

iv) Applicant presently in

a) With parents/ other relatives	00
v) Investigation in dowry death case	00
vi) Any other (Specify)	04

**Assistance rendered (New cases)**

i. Counseling	143
ii. Referred for	
a. Legal Aid	01
b. Police station	04
c. Short stay	00
d. Vocational Training	00

e. Employment /Financial Aid	00
f. Dist Social Welfare Board	00
g. Psychiatric Hospital	01
h. De-addiction	06

## **5. Outcome of closed cases**

i. Reconciliation	00
iii. Separation	00
iv. Mutual settlement	00

## **CONCLUSION**

This year we have accomplish all the planned activities as per the objectives. In the midst of many hardships, we regularly visited the field and carried out the activities to reach the unreached communities. All the staffs worked hard with dedication helped us to reach out the needy people in our society and render qualitative services.

**Mrs. Celinal Paul Daniel**  
**Secretary, IWDI**